

# VALENTINA COELLO QUENTE

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## **PROFESSIONAL PROFILE**

Passionate and dedicated Kinesiologist committed to health and well-being, with extensive experience in assessing, diagnosing, and treating clients. Specialized in designing and implementing physical rehabilitation programs with a comprehensive and results-oriented approach.

## **PERSONAL SKILLS**

- Effective collaboration with patients and colleagues.
- Problem-solving abilities.
- Effective communication.

## **TECHNICAL SKILLS**

- Comprehensive kinesiological assessments.
- Cardiometabolic, musculoskeletal, sports, neurological, and geriatric rehabilitation.
- Electrostimulation management.
- Massage therapy.

## **EDUCATIONAL BACKGROUND**

Primary and Secondary Education: Charles Darwin School, Punta Arenas

Higher Education: Universidad San Sebastián

## **PREVIOUS EMPLOYMENT**

- CESFAM Cóncores de Chile

Intern Kinesiologist responsible for cardiorespiratory assessment and treatment in IRA and ERA rooms.

- Felix Bulnes Hospital

Intern Kinesiologist responsible for cardiovascular assessment and treatment.

- Clinica Universidad San Sebastian

Intern Kinesiologist responsible for cardiometabolic and musculoskeletal rehabilitation.

- Kitneschile Center

Intern Kinesiologist responsible for sports rehabilitation of users.

- Red Salud Clinic

Intern Kinesiologist responsible for conducting neurokinetic evaluations and treatments.

- CEDIAM San Joaquín

Intern Kinesiologist responsible for planning workshops and training for older adults.

### **ADDITIONAL COURSES**

- Applied Mechanical Ventilation

November 2023, Health and Research Academy

- Advanced Patient Monitoring in Mechanical Ventilation for Advanced Programming

August 2023, CAPOOS Academy

- Neurological Rehabilitation

July 2023, Universidad San Sebastián.

- Cardiopulmonary Resuscitation

July 2023, Universidad San Sebastián.

- Non-invasive Mechanical Ventilation

July 2023, Universidad San Sebastián.

- Relaxation, Sports, and Decontracting Massage

November 2022, 6 chronological hours, Universidad San Sebastián

- Intensive English and Leadership

January - February 2022, hybrid course conducted for 2 weeks in Chile and 2 weeks in the United States with Missouri State University

- Psychological First Aid

March - April 2020, 8 chronological hours. Universidad San Sebastián

## **WORK REFERENCES**

Kinesiologist Alvaro Carmona specialized in IRA room intervention

alvarocarmano.m@gmail.com

Kinesiologist Rosario López specialized in the cardiovascular area

maria.lopez@uss.cl

Kinesiologist Constanza Soto specialized in the neurological and cardiometabolic area

csoto3@docente.uss.cl

Kinesiologist Lucas Torres specialized in the sports area

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