

RESUME : Sport Instructor

Sandro Lima Da Silva

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Adress: Estrada dos Bandeirantes, 15001 – Vargem Pequena
Rio de Janeiro – RJ, Brazil – ZIP Code: 22783-025

Education

Bachelor's Degree in Physical Education In Sport Instructor/Fitness Instructor
Cruzeiro do Sul University

Status: "Higher education completed on April 3, 2025."

Languages:

Portuguese: Native . English: Avanced . Spanhol Proficient

Licenses & Documents

Basic Maritime Safety Course I need to update my course.

"Passport – Valid until September 4, 2032

Position: SPORT INSTRUCTOR

Courses & Certifications

Course #1

Course Name: Sport Instructor – Mental Health, Psychosocial Care, and Interculturality in Migration

Institution: GOV.BR EV.G ENAP

Duration: Short course (up to 40 hours)

Completion Year: 2025

Course #2

Course Name: Seminar – Carioca Academy Program: Sport Instructor Physical Activity in Primary Health Care

Institution: Seminar

Duration: Short course (up to 40 hours)

Completion Year: 2023

Course #3

Course Name: GEEF 9 Years – Sport Instructor

Institution: Early Childhood Education Student

Duration: Short course (up to 40 hours)

Completion Year: 2023

Course #4

Course Name: Excel

Institution: CURSA

Duration: Medium course (41 to 360 hours)

Completion Year: 2020

Professional Summary

Experienced Sports and Fitness Instructor with a strong background in organizing a variety of sports activities, tournaments, and recreational events.

Skilled in conducting public and private sports classes in gyms, clubs, condominiums, schools, and events, always engaging large audiences.

Responsible for planning and delivering diverse sports programs with enthusiasm and active involvement.

Consistently manage sports equipment inventory efficiently and ensure smooth operations.

Proactive and committed to following safety protocols and maintaining a high standard of conduct.

I am an enthusiastic, flexible, and dynamic professional with excellent public speaking skills.

I hold a Bachelor's degree in Physical Education, specializing in Sports and Fitness Instruction, with over 4 years of experience working directly with diverse age groups and large audiences.

Fluent in English with advanced proficiency, and also proficient in Spanish.

Professional Experience:

SLS Geração Fit – May 2020 to May 2025 .

Position: Sport Instructor:

Professional in Sports Instructor/Fitness Instructor at SLS GERAÇÃO FIT

Experience with bilingual education and active learning methodologies. Experienced Sports and Fitness Instructor with a strong background in organizing a variety of sports activities, tournaments, and recreational events.

Skilled in conducting public and private sports classes in gyms, clubs, condominiums, schools, and events, always engaging large audiences.

Responsible for planning and delivering diverse sports programs with enthusiasm and active involvement.

Consistently manage sports equipment inventory efficiently and ensure smooth operations.

Proactive and committed to following safety protocols and maintaining a high standard of conduct.

I am an enthusiastic, flexible, and dynamic professional with excellent public speaking skills.

Academia Koneen de Vargem Pequena – March 2022 to March 2025 (3 years)
Position: Sport Instructor:

- Sport instructor for sports activities and tournaments at Academia Koneen in Vargem Pequena.
- Physical Trainer.
- Develops recreational and sports activities.
- Experienced Sports and Fitness Instructor with a strong background in organizing a variety of sports activities, tournaments, and recreational events.
- Skilled in conducting public and private sports classes in gyms, clubs, condominiums, schools, and events, always engaging large audiences.
- Responsible for planning and delivering diverse sports programs with enthusiasm and active involvement.
- Consistently manage sports equipment inventory efficiently and ensure smooth operations.
- Proactive and committed to following safety protocols and maintaining a high standard of conduct.
- I am an enthusiastic, flexible, and dynamic professional with excellent public speaking skills.

Working EXPERIENCE :

ACCORD PITCH DOHA QATAR / FIFA World Cup Qatar 2022 .

POSITION: SPORT INSTRUCTOR / Fitness Instructor

Responsible for planning and organizing a variety of sports activities, always motivated and involved,

- Participated in large-scale performances and fan engagement activities during the FIFA World Cup.
- Worked alongside international artists, dancers, and event coordinators to deliver high-quality entertainment experiences.
- Contributed to ceremonies, cultural showcases, and crowd interaction events across multiple venues in Doha.
- Demonstrated adaptability, energy, and teamwork in a fast-paced, multicultural environment.