

RESUME

Manuel Antonio

Personal Trainer



CONTACT:

antoniomanuelcb@gmail.com

Cell phone: +0054- 0221-15-5757437

Birthdate: 16/05/1984. Argentina

ID: 30958038

Location: La Plata- Buenos Aires- Argentina

Address: 15 n° 35 (La Plata – Buenos Aires)

OTHER DATA

Citizenship: Argentina and Italy

(Work permit in Spain)

Civil Status: Single

Children: No

Computer Knowledge: High level

LANGUAGES

Inglés: Pre-Intermediate Level

(Oral and Written)

STUDIES AND COURSES CARRIED OUT: (Buenos Aires, Argentina)

- DEGREE IN PHYSICAL EDUCATION – National University of La Plata (2013)
- First Aid Course at the Red Cross (La Plata - 2008)
- Bodybuilding and Personal Trainer Course (University of Flores- 2007)
- Physical Preparation Course in Football (Create Gym – 2006)
- Complete Primary and Secondary School (Manuel Belgrano School – City Bell, La Plata)

WORK EXPERIENCE: (Buenos Aires, Argentina)

- Personalized Training (Currently)
- Personalized Physical Preparation for Soccer Players: players from Club Cambaceres and Club Villa San Carlos, from Division D, from the AFA (Argentine Soccer Association) (Buenos Aires - 2013 - 2019)
- Physical Preparation for Goalkeepers of the Banco Provincia Club of the Platense Amateur League, Buenos Aires (La Plata- 02/2013 - 03/2018)
- Physical Preparation, Youth Club Basketball” (La Plata - 05/2011- 11/2012)
- Monitor/Instructor at “Nueva Area” Sports Center (Marbella - Spain: 05/ 2009 - 02/ 2010)

- Monitor and Personal Trainer at Club “Iron Gym” (La Plata: 03/2006 - 02/2009)
- Assistant to the La Plata Sports Secretariat. Stage: Finals of the Buenos Aires Youth Tournaments. National Schools (09/ 2005 - 10/ 2006 - 10/ 2007)

REFERENCES:

- Youth Club (La Plata). Tel: 0221-558-5378
- Iron Gym Club (La Plata). Tel: 0221-472-1392
- Nueva Area Sports Center (Marbella, Spain) Tel: 034- 952 82 06 47