ORNELA TAMBORNINI

Life, Health & Business Coach

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Argentina

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O Availability to relocate - Remote work

EDUCATION

2020

Superior Institute of Social Psicology Pichón Riviere

Social Psicology

2021

Leadership Training School Life & Business Coaching

2022

IAFI

Neuro-Linguistic Programming (NLP)

2022

ALAHC

Health Coaching - Longevity and Quality of Life

> ANOTHER **KNOWLEDGES**

FLIGHT ATTENDANT STUDIES ENGLISH LANGUAGE - Advance SOMMELIER - First Level BARISTA - Intermediate Level Quality of Care Workshop – UADE



WORK **EXPERIENCE**

2024-2025

Consulting / Advisory / Coaching

Costeño Beach Hostel/Casa Bugambilia & Inspira Café. (Santa Marta - Colombia) Consulting in: Service Quality and Customer Care, Leadership Workshops, and Team Motivation. Hotel Management and Quality Control in Kitchen and Bar.

Training Organization and Recruitment.

2021 - Now

Life & Health Coaching

One-on-one life coaching sessions and specialized coaching in healthy habits (nutrition, sports, supplementation, mindfulness) with short- and medium-term goals.

2016 - 2024

Aerolineas Argentinas

Flight Attendant

2022 - 2023

Consulting in Service Excellence

MaryGold's Brasserie (1 Michelin Chef B Kilgore). Wynwood. Novecento (Brickell). Margot Naturalwine (Brickell). The Palms Hotels & Spa (Southbeach).