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Camilo Moradas

Personal Trainer & Gym Instructor

WORK EXPERIENCE

PERSONAL TRAINER ONLINE, 2024 - PRESENT

- Personalized workouts and constant monitoring

Gym Instructor

CLUB SAN LUIS, 2024

- In charge of the club's gym, focused on rugby and hockey training

Model

FREELANCE, 2021 - PRESENT

- Photographic productions for brands such as Montagne and Kevingston

Gym Instructor

LOS TEROS GYM, 2016

- Gym manager

ABOUT ME

Passionate about training, with 14 years of experience in gyms focusing on strength, power, and hypertrophy. Competed in high-level football and rugby, also practicing CrossFit and Olympic lifting, developing solid knowledge in programming and technique.

CONTACT:

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La Plata, Buenos Aires - Argentina

EDUCATION

Gualda Training

PERSONAL TRAINER & GYM INSTRUCTOR, 2024

- Educational course certificated by ALIFID (Mat. N° 33185) and ISLA (Instituto Superior de Formación Profesional Latinoamericano).

GYM INSTRUCTOR & HIPERTROPHY COACH, 2024

- Educational programme course certificated by ALIFID (Mat. N° 33185) and ISLA (Instituto Superior de Formación Profesional Latinoamericano).

CARDIOPULMONARY RESUSCITATION, 2024

- Cardiopulmonary resuscitation session according to the protocol established by the American Heart Association (AHA). Certificated by ALIFID (Alianza Latinoamericana de Instructores de Fitness y Deporte) and ISLA (Instituto Superior de Formación Profesional Latinoamericano).

Universidad Nacional de La Plata

BACHELOR'S DEGREE IN GEOLOGY, 2017-2024

- Graduated R. M. N° 1302/15

Oxford University

ENGLISH

- London Test of English for Children, LEVEL 1 (FIRSTWORDS), 2006

- London Test of English for Children, LEVEL 2 (SPRINGBOARD), 2007