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438 C/B Main Market  
Model Town Gujranwala.



[Sajjeelbhatti11@gmail.com](mailto:Sajjeelbhatti11@gmail.com)

## Sajjeel Zubair Bhatti

### OBJECTIVE

Certified personal trainer with exceptional client relation skills looking to join a team that shares a health driven focus.

### SKILLS, ABILITIES & SPECIALTY

- Knowledge of gym equipment and its usage.
- Teamwork
- Active listening skills and an excellent communicator.

#### **Proficiency in**

- Nutrition
- 1 on 1 PT
- Stretching
- Muscle Building
- Small group classes
- Cardio Vascular

### EXPERIENCE

- **Personal Trainer**  
[ 5 Year Body building & Fitness ]
- **WT Fitness Center, Gujranwala**  
**Personal Trainer**  
[ 3-08-2022 - 5-08-2023 ]
- **Gold Gym Gujranwala**  
**Personal Trainer**  
[ 07-08-2023 - Current ]

## **RESPONSIBILITIES**

Design and monitor effective individualized programs for clients. Provide motivation and positive feedback to clients. Monitor member's training by walking around the gym floor and offering assistance.

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## **PROFESSIONAL QUALIFICATION**

Level 3 Personal Trainer Continue

Level 2 Instructor. Shapes (IFA)

Level 1 Assistant Instructor. Fitness Academy

Internship. Shapes (2 Months)

Mr Junior physique (Pak Muscle Fitness) 2023

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## **EDUCATION**

### **MATRICULATION**

(2011)

Gujranwala board of Intermediate and Secondary Education

### **INTERMEDIATE IN DAE CIVIL**

(2014)

Punjab Board of Technical Education Lahore.

### **BACHELORS IN CIVIL**

NCBA&E LCU campus Lahore

(2020)

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## **INTERESTS**

- Posing
- Bodybuilding
- Fitness
- Cricket
- Boxing

## **SHORT COURSES**

- Microsoft office
  - English language Course
  - Ielts
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## **REFERENCE**

Will be furnished upon your demand.