



December, 18, 1992

## ABOUT ME

"I am an energetic and enthusiastic person, with a passion for providing exceptional service to guests.

My positive and friendly attitude allows me to create connections quick with people and ensure they feel welcome"

## CONTACT

+5491138034229

18.araceli.fernandez@gmail.com

Av. Mitre 644, 12° B,  
Avellaneda, Buenos Aires  
Argentina.

## REFERENCES

Facundo Martino

Head Coach

RRHH@BIGGFIT.COM

+5493442403536

# FERNÁNDEZ ARACELI

## FITNESS INSTRUCTOR

### EDUCATION

**2019 - 2022**

**Physical Preparation Teacher**

Graduate - IPEF Private Institute of Physical Education

**2020 - 2022**

**Senior Professor of High Performance Sports and Functional training**

Graduate - IPEF Private Institute of Physical Education

**2020 - 2022 Personal Trainer**

Graduate - IPEF Private Institute of Physical Education

**2020- 2022 Bodybuilding teacher**

IPEF Private Institute of Physical Education

### WORK EXPERIENCE

**August - December 2023 SPORT CLUB PUERTO NIZUC**

**Fitness Instructor (Bodybuilding)**

Gym teacher focused on aesthetics and health care. I create routines and monitor student progress.

**January -August 2023 BIGG FIT**

**Group training Coach**

I lead training groups in the gym unconventional with free weights. The students follow their individual goal in a group class.

**January 2022 ROCKCYCLE**

**Functional Training Instructor / Stretching Instructor**

Planning and dictation of functional classes, which are divided into six types of different routines, with a focus on different results.

### LANGUAGES

#### SKILLS

**-NATIVE SPANISH**

**-INTERMEDIATE CONVERSATIONAL ENGLISH**

### OTHER SKILLS

**Yoga**

**Stretching**

**Recepcionist**