

# Fernanda Oliveira Leal de Santana



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## **Summary**

I am 28 years old, vegetarian and trained in Integrative and Complementary Therapy. Passionate about Yoga, and as a style of therapy, I follow it with the purpose of working with health, well-being and in respect for nature.

## **Experience**

Ocin Studio – Yogatherapist  
- Give Online Yoga Presentations  
11/2023 – to date

## **Academic**

Degree in Integrative and Complementary Therapies – Ampli  
2021 – 2024  
Training for Yoga teachers with foundations in Neuroscience  
– YogIN Academy  
2024 – to date

## **Complementary**

- Intermediate English (B2)  
- Yogatherapy Course (30h)

- Introduction to Yoga Course (35h)
- Spateriapia course (30h)
- Foot reflexology course (35h)
- Chromotherapy Course (40h)
- Emotional intelligence course (25h)
- Neurolinguistic programming course (30h)