



Full Name: German Enrique Forero Muñoz

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PERSONAL INFORMATION

Date of Birth: September 24, 1982 Place of Birth: Mariquita Tolima

Citizenship Card: 93061154 de Fresno Marital Status: Single

PROFESSIONAL PROFILE

My professional profile focuses on sports, recreation, and health promotion and prevention through guided physical activity.

Bachelor's degree in Basic Education with an emphasis on Physical Education, Recreation, and Sports, scientifically and pedagogically trained in the disciplines of education, sports, and recreation, with the goal of imparting knowledge at different formal educational levels in the general community (children, youth, young adults, and seniors). He also holds a Master's degree in Public Health, evaluating interventions to advance quality and leading the development of health promotion and prevention programs for chronic non-communicable diseases, improving health conditions in the general population (children, youth, young adults, and seniors).

ACADEMIC TRAINING

- University of Caldas

Bachelor's degree in Basic Education with an emphasis on Physical Education, Recreation, and Sports
Manizales, Caldas

Start date: second semester 2003. End date: second semester 2008

- Master's degree in Public Health, University of Caldas, Manizales. Graduated 2024.

OTHER STUDIES

- Diploma in Health Business Administration, Polytechnic Colombia, February 2017
- Job competency as a soccer coach at the introductory sports level, Comfenalco, Tolima, 2014
- Pre-registration course for the Ministry of Health, Department of the Interior, 2013
- Physical education course, SENA, Cali (Valle), National Learning Service, 2009

WORK EXPERIENCE

Sendas Educational Institution

From February 1, 2024, to December 15, 2024

Position: Physical Education Teacher

Mariquita, Tolima

- Planning class sessions by cycle from 6th grade to 11th grade
- Development of achievements by academic period
- Development of general achievements for the entire year

Colombian Institute of Family Welfare, Parents' Association, Fables and Stories, from April 1st to December 15th, 2024.

Position: Teacher of the Matrogimnasia program in the municipalities of Mariquita, Fresno, and Herveo Tolima. Duties:

- Develop recreational activities and basic movement patterns for family care units and Child Development Centers.
- Plan work sessions to develop early stimulation for family care units and Child Development Centers.

- Develop and maintain movement categories (locomotion, manipulation, and balance).
- The Matrogimnasia Program includes the development of Basic Movement Patterns, Coordinative Physical Abilities, Conditional Physical Abilities, Joint Mobility, Play, and Recreation.
- Individual psychomotor development of physical abilities, developing basic skills and abilities by using movement as a means to develop values.

Indeportes Tolima Ibagué Tolima September 1st to December 30th, 2024 Sports Training School Program in the municipality of Mariquita. Position: Soccer and Swimming Instructor for Children Ages 5 to 14

Duties Performed:

- Planning soccer and swimming class sessions.
- Developing sports activities in various training sessions in soccer and swimming for children ages 5 to 14 in the Municipality of Mariquita.
- Advising various municipal entities on sports training processes.
- Coaching children's and youth micro-soccer teams participating in intercollegiate games.
- Supporting events organized by the Tolima Governor's Office and in the Municipality of Mariquita Tolima.
- Creating and implementing the pedagogical plan for soccer and swimming.

Indeportes Tolima Ibagué Tolima June 23 to December 2023 Sports Training School Program in the municipality of Mariquita. Position: Soccer and Swimming Instructor for Children Ages 5 to 14

Duties Performed:

- Planning soccer and swimming class sessions.
- Developing sports activities in various training sessions in soccer and swimming for children ages 5 to 14 in the Municipality of Mariquita.
- Advising various municipal entities on sports training processes.
- Coaching children's and youth micro-soccer teams participating in intercollegiate games.
- Supporting events organized by the Tolima Governor's Office and in the Municipality of Mariquita Tolima.
- Creating and implementing the pedagogical plan for soccer and swimming.

Comfenalco September 2021 to October 2021. Position: Instructor at the Comfenalco Honda Gym.
Duties:

- Pre-registration for exercise.
- Planning workout sessions for users.
- Planning routines based on users' physical condition.

Indeportes Tolima Ibagué Tolima February 2022 to May 2022 Sports Schools for All Program.

Position: Soccer Coach for Children Ages 6 to 12. Duties:

- Planning soccer class sessions.
- Advising various municipal entities.
- Coaching children's and youth micro-soccer teams participating in intercollegiate games.
- Supporting events organized by the Mayor's Office of Fresno Tolima.

Comfenalco School, Honda Tolima, Primary and Secondary Schools, March 2021 to October 2021,
Honda Tolima

Position: Physical Education Teacher, Duties:

- Planning class sessions.
- Preparing achievements for each academic period.
- Preparing general achievements for the entire year.
- Coaching the children's and youth micro-soccer teams participating in intercollegiate games.
- Organizing the inter-class games parade.
- Participating in institutional theater sessions.