# Francisco Vital Tostado Saludvitalt@gmail.com Josefina Haro 1615 insurgentes Oeste CP.21280 Cel: (52) 6869453389 RFC VITF761109 KK3 CURP:VITF791109HBCTSR08

## CERTIFIED PROFESSIONAL MASSAGE THERAPIST

Massage therapist with training to offer a comprehensive rehabilitation service.

With more than 15 years of experience in the city of Mexicali

B.C

Available to travel.

I have good qualifications to evaluate cases and provide treatments for injuries, deficiencies or conditions. Looking for a work environment where I can develop my techniques and manual treatments.

I stand out for therapeutic, sports, relaxing massages, kneading and rehabilitation therapies designed to the needs of each applicant. Looking to join a committed team focused on well-being.

Experience Hip bone integration specialty.

Relaxing.

Reflexology.

Sports

Therapeutic relaxation

Lymphatic drainage

Lymphatic

Plantar fasciitis

Craniosacral.

Friendly ethical treatment and excellence towards the patient. Patient orientation with Professionalism, quality and discretion, Knowledge of reflexology Massage techniques Therapeutic massages Stress reduction.

Languages Native language: Spanish English: A Upper intermediate.

**Education and training** 

Lic. in international trade and customs

**Certified massage therapist** 

#### IMATEN massage institute Mexicali, B.C

Skills, knowledge and languages

- Communication skills
- Leadership
- Driving
- Organizational skills
- Customer service
- Cash management
- Administrative experience.

#### Work experience

# IMATEN special therapeutic massage clinic

- -Mexicali, B.C. January 2007 -December 2023
- **Professional massage therapist**
- ALTERNATIVE THERAPIES
- FRANCISCO VITAL TOSTADO

### CURRENTLY

Advising patients on the choice of types of massages according to their needs. Programming massage sessions adapted to the specific injury of therapeutic, sports, relaxation, circulatory,

#### decontracting, sciatica, hip, fasciitis, maxillofacial massages.