

# SINDY VANESSA VENERA CASTRO

## PHYSIOTHERAPY

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### PROFILE

My professional career has developed around the hospital area, outpatient consultation, and university teaching. I adapt easily to changes, I consider myself a resilient person, with customer service skills, and with a vocation for service. Extensive experience in the evaluation and intervention of patients in the respiratory, sports, and orthopedic areas.

### WORK EXPERIENCE

#### Physiotherapy teacher

University Foundation Maria Cano | February 2024- Currently

- Community practice supervision
- Supervision of hospital and critical care practices
- Teacher of the Musculoskeletal I and II subject

#### Physiotherapy teacher

Antonio Jose of Sucre | February 2020-December 2022

- Supervision and coordination of students' professional practices, ensuring compliance with learning objectives and acquisition of clinical skills.
- Teaching the subject of orthopedic evaluation, providing theoretical and practical instruction in the diagnosis, treatment, and management of musculoskeletal conditions.

#### Physiotherapy

. Mother Bernarda Clinic | August 2017 - June 2018

- Provided physical and respiratory therapy for adults, pediatrics, and neonates.

#### Physiotherapy in adult critical care and intermediate

UCI Management Consortium | April 2014 - June 2017

#### Neonatal ,adult and pediatric Physiotherapy

Higea Clinic | July 2012 - June 2013

### STUDIES

#### Autonomous University of Manizales

Specialist in orthopedics and traumatology physiotherapist | 2015 - 2017

#### San Buenaventura University , Cartagena Section

Physiotherapy | 2005- 2011

#### English -Intermediate level

International House School | Melbourne(Australia) January 2023

#### Provide basic emergency life support - Provide First Aid - Provide cardiopulmonary resuscitation

CBD College Melbourne (Australia) | August 2023

#### Fitness and Personal Training Basic (Level 3 EHFA)

Sector Fitness European Academy) | 2021

## CERTIFICATE

### **Physiotherapy Approach Course in Pelvic Floor Rehabilitation**

Rocamed and Chattanooga| 2022

#### **Pilates**

Pilates Pro Colombia| 2019

#### **Diplomado en docencia universitaria**

Superior Polytechnic of Colombia| 2019

## RECOGNITIONS

- Student of excellence: To be an extraordinary and insightful student who genuinely respects everyone in the class and is always ready to lend a helping hand. 2023
- Teacher performance recognition. Antonio Jose of Sucre. 2022

## REFERENCES

ANA MARIA TUIRAN RINCON | UNIVERSITY TEACHER  
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