



Eduardo Jose Gonzales Torres



Detalles personales

Nombre	Eduardo Jose Gonzales Torres
Dirección	Arequipa
Número de teléfono	959166100
Correo electrónico	eduardo_jgt@hotmail.com
Género	Hombre
Nacionalidad	Peru



Educación

FUNCTIONAL PATTERNS <i>FUNCTIONAL TRAINING SYSTEM</i>	dic. 2024 - Presente
SPECIALIST IN SPORTS KINESIOLOGY <i>EUROINNOVA FORMACION CENTRO DE ESTUDIOS DE POSTGRADO</i>	mar. 2022 - mar. 2023
MYOFASCIAL RELEASE <i>ROGERIO MULLER</i>	ene. 2021 - abr. 2021



Experiencia laboral

Personal trainer and rehabilitator • <i>Samurai Functional Training Center</i> Take care of well-being and optimize profits, make training productive, and minimize injuries or bodily discomfort.	oct. 2020 - abr. 2023
Rehabilitator • <i>Ecosalud Health Center</i> Responsible for the diagnosis, evaluation, and treatment of patients who came to the health center.	jun. 2023 - sept. 2023
Sports and Rehabilitation Kinesiologist • <i>Kinetics Therapy</i> I perform the diagnoses, evaluations, and treatments of the patients. I train each patient individually, aiming for their adaptation to exercise and optimizing their results.	ago. 2020 - Presente



Habilidades

Implementation of solutions

Teamwork

Adaptation to change



Idiomas

Ingles

B2



Partner

ene. 2018 - Presente

International Lions Club Multiple District H-2, Peru

Community service.

Club Number 32939

Member Number 4861581