**Daniel Efrén García González**

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**SUMMARY**

Goal-driven Fitness Instructor and/or Physical Educations Teachers with over 12 years of experience providing top-notch education to students. Hardworking and reliable with excellent leadership development skills. Proficient in teaching social studies and health fitness lessons to students. Eager to apply Fitness, Physical Culture and Sports expertise to new Fitness Instructor and/or Physical Educations Teachers position.

**SKILLS**

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| * Languages: English & Spanish
* Software: Office tolls
* Leadership
* Teaching skills
* Tournament procedures
* Training exercises
* Fitness health experiences
 | * Mentoring and coaching
* Player evaluations
* Volleyball strategies
* Physically fit
* Fitness equipment expertise
* Human anatomy knowledge
* Fitness trends.
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**EXPERIENCE**

**Physical Culture, Sport and Recreation Teacher,** Santo Tomas University, 2018-Current

Colombia.

* Online/in-person class sessions of different academic spaces, swimming, volleyball, functional training, physical activity and health, alternative sports, physical performance and sports training for 70 students
* Academic production guided by rigorous and formative research processes in the “Being, Culture and Movement” and “Women and Sports” research group.
* Curricular management for the development of continuing education courses in the Division of Health Sciences.
* Social projection and sports activities for the elderly of the program of the mayor of Bucaramanga.
* Differentiated instruction according to student skill level.
* Prepared and maintained classroom environments appropriate for student learning and physical, social and emotional development.
* Graded student papers and assignments to track student progression.
* Taught groups of up to 187 students and provided individual support.
* Built and strengthened positive relationships with students, parents and teaching staff.

**Director of Master´s Degree in Sports Sciences,** Santo Tomás University, Bucaramanga-Colombia. 2024-Current Colombia.

* Design of the academic schedule for each cohort.
* Interview applicants for the postgraduate program.
* Make the budget for each cohort.
* Manage the hiring of teachers for each module in the different cohorts.
* Prepare adjustments pertaining to the audiovisual material presented in each virtual classroom in the different academic spaces.

**Sports Training and High Performance,** Metropolitan University Science and Technology, November 2022-December 2022 Panama

* Carry out virtual tutorials, design and teach classes through the online “E-ducative platform” of the subject “Theory and Training Method I” of the Master's Degree in Sports Training and High Performance.
* Delivered interactive group instruction to administer lessons and assignments, successfully engaging students of all learning abilities.
* Maintained focused, inclusive and supportive learning environments.
* Liaised with a team of professionals to implement comprehensive educational action plans for special needs and at-risk students.

**Volleyball Coach,** Ministry of Sports, November 2019- Current-Colombia,

Coached individuals between the ages of 11 and 21 on volleyball techniques.

* Selection and recruitment of athletes for the discipline of volleyball.
* Scheduling and conducting physical and technical sports training sessions with the volleyball athletes.
* Evaluation and follow-up of the physical capacities and body composition of the athletes.
* Readied team to compete in tournaments and other special events.
* Developed training and exercise programs to meet individual requirements and team play strategies.
* Mentored players one-on-one on self-confidence and sports-health issues to boost confidence.
* Built strong media and community relationships through positive interaction and communication in support of the sports program.

**Sports Coordinator,** Santo Tomás University, May 2015-January 2018 Colombia

* Set up competitions and tournaments for volleyball, basketball, soccer, taekwondo, tenis, swimming, athletics and rugby.
* Increased recreational sports participation by 60%.
* Promoted effective professional relationships with coaching staff and athletes by showing respect, dependability and being courteous.
* Schedule sports, recreational and free time activities for the entire university community, annually.
* Hired, trained and supervised talented coaches for Santo Tomas University Sports Team program, resulting in the creation of team of well-developed, disciplined athletes.
* Manage the economic and physical resources for the different activities programmed for teachers, administrators, undergraduate/postgraduate students, graduates and family members.
* Methodological and logistical support to all sports teams and athletes that participate in local, regional, national and international competitions.

**Volleyball School Instructor,** Compensar-District of Education, November 2013-March 2015

Colombia,

* Instructed students individually and in groups, utilizing various teaching methods.
* Coached individuals between the ages of 5 and 15 on volleyball techniques.
* Showed athletes proper methods for spiking and serving balls to avoid injuries.
* Encouraged team members to become stronger, more agile athletes and more successful competitors through focus, effective training and proper nutrition.
* Assessed player abilities and assigned positions according to individual strengths.
* Adhered to equipment and apparel standards to promote safety and fair play and made new equipment orders when appropriate.
* Mentored players one-on-one on self-confidence and sports-health issues to boost confidence.
* Executed consistent program of stretching and conditioning, which helped to reduce the number of injuries for players.

**EDUCATION AND TRAINING**

**Training Diploma**

Sports Training Level 2,

National School of Sports,

Colombia

2022

**Master**

Physical Activity And Health

Rosario University,

Colombia

2018

**Professional Diploma**

Teaching & Curriculum Management,

Santo Tomás University,

 Colombia

2018

**Professional Diploma**

Physical Education, Culture &. Recreation,

Santo Tomás University,

 Colombia

 2013