



# PAULA GARZÓN

## PHYSICAL THERAPIST

### ABOUT ME

Physical therapist with 4 years of experience, specializing in sports rehabilitation, injury prevention and healthy living style, improving athlete performance. Experience in orthopedic rehabilitation improving patient's quality of life

### CONTACT

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 Bogotá, Colombia

### REFERENCES

 **Linda Patiño**  
+57 3142556416

 **Daniela Yara**  
+57 3118869764

### SKILLS

- Assertive and empathetic communication
- Team leadership
- Innovate treatment planning
- Sports and orthopedic rehabilitation

### LANGUAGES

- Spanish (native)
- English (B2)

### EXPERIENCE

**2022 Clínica de Rehabilitación integral**  
**Howard Gardner**

Experience providing physical therapy for adults and kids with autism

**2023 - Club médico deportivo Bodytech**

- 2024**
- Sports rehabilitation
  - Physical therapy for variety of pathologies
  - Exercise prescription
  - Health promotion through talks
  - Sport massage and orthopedic manual therapy

### EDUCATION

**2018- Bachelor Physical Therapy**  
**2022** Universidad de La Sabana

**2020 Latin American Symposium on Cardio-oncological Rehabilitation**  
Centro de estudios MARAHEBO

**2023 CPR certification**  
Gestión de educación continuada en salud (GESCONS)

**2023 Master Coach Congress**  
Club médico deportivo Bodytech

### HOBBIES

- Workout
- Autodidact
- Meditation
- Painting