





Jorge Rodrigo Reyes Ruiz


Lic. AF and recreation
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Contacto

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Children Heroes of
Chapultepec Avenue,

 Children Heroes of
Chapultepec
Neighborhood, Benito
Juárez City Hall, Mexico
City.

EDUCACIÓN

- International Institute of Languages and Tourism (flight attendant course)
- Ibero-American Center for Sports Sciences (Bachelor's Degree in Physical Conditioning and Recreation)
- Nautilus Biomechanics Diploma
- Icel High School, Specializing in Communication

LANGUAGE

Spanish: Natal
English: Intermediate

CERTIFICATIONS

- SICCED (Sports Coach Training and Certification System) Sports Coach Certification
- AMED (Mexican Association of Sports Education) Certification
- AMED Specialized Gym and Fitness Instructor Certification
- AMED Aerobic and Anaerobic Training Certification. - SportsWorld Functional Training Certification.

WORK EXPERIENCE

Sports World / 2010 - 2012

Instructor Tasks performed:

- Customer service
- Customizing routines for users

Sports World / 2012 - 2017

Sports Coordinator

Tasks performed:

- Staff coordination
- Customer service
- Verification of the gym area

Colegio del Valle / 2017 - 2018

Physical Education Teacher

Tasks performed:

- Physical conditioning of children from first grade to sixth grade
- Coordination of activities

Coyoacán Sports Center/ 2018 - 2020

Instructor Tasks performed: -Customer service - Customization of routines to the user

Vidanta/ 2023 - 2025

Personal Trainer and Fitness Center/2023/2025