

JUAN POLLET LO CANE

30 years

Physical Trainer

EDUCATION

Physical Trainer

Club San Martin - 10 years

- Organizer and coordinator of activities for youth within the club.
- Training organizer

Gualda Training

Master's Degree in Personal Trainer

-Personal Trainer and Strength Training Instructor (ALIFID Certified)

-Functional Training, HIIT, and GAP (ALIFID Certified)

Instituto Glaux

Escuela Secundaria.

EXPERIENCES

I am 30 years old and since I have been conscious I have dedicated myself to teaching through sports in addition to my academic studies. I find it useful and interesting to teach and transmit team values and cultural diversity and inclusion through this tool. I have organized camps, training and gatherings for young people and children. I believe in the order of things and discipline to be able to carry out each activity.

CONTACTO

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WHO AM I?

I am Juan, a boy committed to teaching through sports and activities related to nature. I am skilled in sports and I find it important to work as a team.

LANGUAGE

Español - nativo

Inglés - INTERMEDIAN
Currently studyng