Curriculum vitae

Personal information

Name: Antonio de Jesús

Last name: Fernandez.

Age: 26 years old

Address: Río Cuarto 2630

Location: Bella Vista

Match: San Miguel - Province of Buenos Aires

Email: antoniofz1597@gmail.com

Cell: 1176296659

Education

Primary Studies: ESC. Formosa Police 201, General Mansilla

Secondary Studies: E.P.E.S. number 32

University Studies: Professor of Physical Education at the

Formosa Capital ISFD 2021

Therapeutic Companion in Désir Salud 2022

Student of the Lic. in Kinesiology Physiatry UNAHUR

Trainings:

Personal trainer and bodybuilding. Certified by CADEF

PCR. Butterfly style. Swimming School and Colonies

vacation. COVID protocol. Certified by A.F.D.D.A

International Functional Training certified by Pro

Physical aptitude.

International high intensity Hiit, certified by Pro

Physical aptitude.

Introduction to International Cross Fitnes, certified by

Pro Fitness

Newborn care and pediatric CPR, certified

by EDUMED.

Basic first aid with CPR compressions only

DEA, certified by ISMM

Senior adult instructor, certified by I.I.F.F.

G.A.P Training certified by I.I.F.F.

Localized training, certified by I.I.F.F.

Elastic Band Training, certified by I.I.F.F.

Stretching instructor, taught by the I.I.F.F. academy.

Pilates Mat and Reformer instructor taught by the

I.I.F.F academy

Indoor cycling instructor, taught by the academy oF I.I.F.F

EXPERIENCES

In the work field:

2 years in customer service, cashier and administrative in a

of the Grido franchises located at AV Napoleón,

Formosa.

1 year of customer service and cashier in the commercial premises

called Rustic. Formosa

2 Months in commercial box-Ferreira premises in Formosa

In the educational field:

Intern at: EJI N° 5 Patorcito de Belén

Practitioner: ESC Normal.

Intern: College inst. Private General San Martin

Intern: Polyvalent College of Arts

Practitioner: Jauretche School

Club Don Bosco Vacation Colony. Summer 2015. Fsa

Nautical Club Vacation Colony. Summer 2016-2017. fsa

Don Bosco Club Swimming Teacher

Swimming Teacher in the Circuit Park 5 of the Government of the

Province of Formosa

Vacation Colony and Lifeguard at Water Park 17

October Edition 2019-2020. FORMOSA.

Hockey school at the Nautical club. FORMOSA

Volleyball school at the Divino Niño Club. FORMOSA

Educational and recreational camps with the YMCA company

2022. BS. ACE.

Graduate Trips with the YMCA company 2022. BS. ACE.

Educational and recreational camps with the company

GROUP TRAVEL. BS. ACE.

Graduate Trips with the Grupal Viajes company. BS ASc.

Embalse 2022 winter colony with the Ministry of

Education.

Co-Coordinator of graduate trips (September to

December) 2022 with the Ymca company.

Camp in San Pedro Prov. De BS AS. With the company

Grow attitude. January 2023

Camp in Brandesen Prov. of BS AS. With the company

Attitude Grow January 2023

Camp in San Luis With the Company Attitud Grow

January and February 2023

Recreational Games with the company Attitud Grow en el absto

shopping promoting La Serenisima in the month of June,

Milk month.

Guide with Initial, Primary and Secondary Level Students in the

Free Hour Program carried out at the CCK BS AS

Guide with Primary and Secondary students in Tecnopolis

Logistics Coordinator and Pedagogical Coordinator in charge of

Hotels, activities, movements and Teachers with the company Ymca

Tourism in the 2023 Recreation season

Pedagogical Coordinator in the Student program with the

Ymca tourism company

Educational trips with the company Puerto Desired

Educational and graduate trips with the company Phase 2

Educational camps with the Puerto Deseado company

Experience in Kayak, Zip Line, Palestra, Archery, Bridges

pendants ETC.

Summer Vacation Camp with children with disabilities

Counselor at the Rincón de Luz Day Center in Jose C. Paz (Disability)

**Objectives:** to be able to perform in the work field, to acquire

new experiences both in the commercial and educational fields,

to be able to do my work by putting into practice my

knowledge and contributing to everything that is in my

possibilities, with discipline and with the values ​​that I

represent.

**Skills:** active, active listening, good job performance

group, cooperative, collaborative, participatory, responsible,

honest and respectful. I like to learn and I adapt to

circumstances that arise.

Best regards, Thank you for reading my presentation.