



CECILIA LEONARDI

PHYSICAL EDUCATION TEACHER
PHYSICAL TRAINER - L1
BODYBUILDING TRAINER

PERSONAL INFORMATION

- +54 93416042580
- cecilialeonardi3382@gmail.com
- Argentinian
- Rosario - Argentina
- @entrenadoracecilia

SKILLS

- Responsability ★★★★★
- Proactivity ★★★★★
- Leadership ★★★★★☆
- Teamwork ★★★★★
- Attention quality ★★★★★

LANGUAGES

- Spanish - Native
- English - intermediate B2

OTHER IMPORTANT

- Holistic Approach to Health
- Immediately available to work
- Covid-19 vaccines
- Passport available until May 2025
- Non smoker or alcohol consumer

WORK EXPERIENCE

PERSONAL COACHING AND TEACHER AT SCHOOLS

Currently since Mar 2020

- I provide personalized training and nutrition advice according to the objectives of the people, online
- Replacements in schools, in the formal sphere.

GYM INSTRUCTOR AND PERSONAL TRAINER

360 Gym - Dec 2018 - Feb 2020

- I was in charge of designing the routines and follow-up of the gym clients.
- Personal clients, with exclusive time, follow-up, and meal plans.

CHILDREN'S SOCCER PROJECT COORDINATOR

Football clubs directed by Rosario Municipality- March 2017 - Dec 2019

- Annual planning of activities for the development of sports skills in children between 5 and 15 years of age.
- Organization of competitions and tournaments.
- Multidisciplinary work with parents, coaches, and children

GYM INSTRUCTOR

Liberty Gym - Jul 2013 - Feb 2015

My first experience in a weight room was in which I was able to develop the confidence to understand the dynamics and needs of a gym and its clients.

EDUCATION AND CERTIFICATIONS

2019 | PNL PRACTITIONER & NEUROCOACHING

DASEIN Institute, Net Braidot - Rosario, Argentina

2018 | PERSONAL TRAINER AND BODYBUILDING COACH

AMICI INSTITUTE, Rosario- Argentina

2015 | PHYSICAL EDUCATION TEACHER'S DEGREE

Immanuel Kant Institute, Rosario, Argentina

2012 | PHYSICAL TRAINER - L1

757 Studio - Rosario, Argentina

REFERENCE

MARCELA GENTILEZZA - COLLEAGUE AND PARTNER

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