

# Monica

## PROFILE

Physiotherapist with the ability to treat pathologies that affect the entire human body in different branches or areas of physiotherapy. With priority in sports focused on high-performance soccer. Rehabilitation, readaptation, promotion and prevention.

## CONTACT



Edificio: Torres de Milan  
Carrera 23 # 75a - 140  
APTO: 201 C  
Barrio: Milan  
Manizales - Caldas - Colombia



monitoro@hotmail.com  
aranzazutoro@gmail.com



+ (57) 300-823-8009

## EDUCACIÓN

UNDERGRADUATE  
PHYSIOTHERAPIST  
AUTONOMOUS UNIVERSITY OF  
MANIZALES

POSTGRADUATE  
SPECIALIZATION  
SPORTS PHYSIOTHERAPY  
EUROPEAN UNIVERSITY OF  
MADRID

MASTER'S DEGREE  
PHYSIOTHERAPY IN HIGH  
PERFORMANCE SPORTS  
UNIVERSITY OF TECHNOLOGY OF  
MADRID

## LANGUAGES

ESPAÑOL INGLÉS

## SKILLS

Adaptability - Proactivity -  
Resolvent  
with the possibility of going  
to live where the work is  
located

# ARANZAZU TORO

## PHYSIOTHERAPIST IN HIGH PERFORMANCE SPORTS.

### WORK EXPERIENCE

#### FCF| Physiotherapist in High Performance Sports.

2020 - At the Moment.

Functions: Management of sports pathologies focused on soccer, clinical rehabilitation, readaptation in the field, promotion and prevention. Fieldwork focused on the different injuries diagnoses. Physiotherapeutically participation in South American, Central American, Copa America, Gold Cup, and World Cups in all categories of women's soccer, Olympics Paris 2024.

#### Secretaría del Deporte Caldas

2018 - 2020

Sports physiotherapist, ball and racket. rehabilitation in ball and racket sports, preventive to avoid injuries in your sport. physiotherapy in high performance in the different sports that participated in the 2019 national games.

#### Private Office | Outpatient Consultation

2017 -2022

Physiotherapist with the ability to treat pathologies that completely compromise the human body in different branches or areas of physiotherapy. care for elderly patients, young athletes, and children in different branches of physiotherapy.

#### U.S.B Cartagena |Docente Catedratica

2015 - 2017

full professor in different semesters, physical activity and physical exercise, systems pathology, sports practices, prepare classes, sports practices such as wrestling, taekwondo, karate, triathlon, water sports, weight lifting, skating and men's soccer.