

MURILO MACEDO

Ayurvedic massage therapist
Bodywork therapist



PERSONAL INFO

Murilo Henrique Macedo Silva

Ayurvedic Massage Therapist
Bodywork Therapist

Belém, Brazil [murilohm333@gmail.com]
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EDUCATION AND TRAINING

- Certified Massage Training
[Instituto Atmo Danai, 2021]
- Specialization in Ayurvedic Massage
[Instituto Atmo Danai, 2023]
- Advanced Techniques in Bodywork &
Pain Relief – Ongoing

SKILLS

- Deep Tissue & Therapeutic Massage
- Ayurvedic Massage & Energy Balancing
- Muscle Tension & Pain Relief
- Relaxation & Stress Reduction Techniques
- Personalized Client Care & Consultation
- Post-Treatment Guidance & Self-Care
Recommendations
- Professional Ethics & Client Confidentiality

LANGUAGES



PROFESSIONAL SUMMARY

Experienced massage therapist, combining therapeutic and Ayurvedic massage to promote physical and emotional well-being. Skilled in deep tissue techniques, muscle tension relief, and holistic bodywork. Passionate about delivering personalized treatments that restore balance, relieve pain, and enhance relaxation. Committed to a professional, client-centered approach that integrates presence, care, and expertise.

EXPERIENCE

Therapeutic & Ayurvedic Massage Specialist

Casa Carmina Terapias - Belém, Brazil
[Since 2022]

- Provide therapeutic and Ayurvedic massage sessions, customized to individual needs for relaxation, pain relief, and energy balance.
- Specialize in deep tissue, muscle tension release, and Ayurvedic techniques, integrating holistic principles for overall wellness.
- Perform client assessments to tailor each session to specific conditions, ensuring a restorative experience.
- Offer post-session guidance on self-care practices to prolong the benefits of the treatment.
- Deliver services in private clinics, home visits, and corporate environments, ensuring flexibility and comfort for clients.

Massage Workshop Facilitator:

Casa Carmina Terapias - Belém, Brazil
[Since 2022]

- Lead workshops on "Massage as a Vehicle of Affection", teaching mindful touch and relaxation techniques.
- Train participants in basic massage principles for personal and partner care.