

# Armando Alberto Díaz López



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## • EDUCATION

### Shiatsu Namikoshi Diploma

- Feb - Jul 2018, Mexico City  
Mexican Shiatsu and Traditional Medicine  
Asociation

### Janzu training, massage in water

- Jul 2017, Guanajuato, Mexico  
Alternative Therapies and Massage School

### Ko bi do Facial Massage

- Jan 2016, Mexico City  
aurora Spa, las alcobas Luxury Hotel

### Shiatsu Massage

- May 2014, Mexico City  
Alternative Therapies and Massage School

### Shiatsu and Movement

- Oct 2009 - Jun 2010, Girona, Spain  
Escola de Shiatsu i Moviment

### Manual Reflexology, Feet and Face

- Oct 2008 - Mar 2009, Girona, Spain  
Mila Ferrer's School of Manual Techniques  
and aesthetics

### Chiromassage

- Oct 2006 - Jun 2007, Girona, Spain  
CIM Training Group

### Advanced English

- 2003 - 2005, London, England  
Institute Callan School

## • LANGUAGES

Spanish: Native  
English: 80%  
Catalan: 80%

## • WORK HISTORY

### Masseur - Scapemx

- Aug 2020 - to this day, Mexico City  
Massage service at people's homes. Contacted  
through a cell phone app.

### Masseur - Freelance

- From 2007 - to this day, Mexico and Spain  
Service to individuals at their home, companies at  
their offices, and at events or special occasions

### Senior Masseur and coach - aurora Spa

- May 2013 - Apr 2019, Mexico City  
Spa at the luxury collection hotel, las alcobas.  
Trained at different spa therapies, a bar of wraps,  
scrubs, and aromatherapy, Ko bi do, detox, and deep  
arnica massages.

### Masseur - PGA Vichy Catalá Sol Melia

- Jul 2012 - Dec 2012, Girona, Spain  
Massage therapist trained in manual techniques,  
selling of thermal treatments, and thermal circuit  
guide. Specialized in sports, facial and relaxing  
massages; reflexotherapy and Vichy shower.

### Masseur - Hotel Balneari Prats

- Sep 2011 - Jun 2012 and Apr 2008 - Mar 2011,  
Girona, Spain  
Professional masseur for natural and SPA  
techniques, specialized in Shiatsu, foot reflexology,  
thermal hydrotherapy, Vichy shower and pressure  
shower; aromatherapy and body treatments,  
including peelings, chocolate therapy, mud therapy,  
and wine therapy. As well as aqua gym and  
gymnastics instructor.

### Masseur - Hotel Mas Solá

- Apr 2011 - Aug 2011, Girona, Spain

### Masseur - Hotel Balneario Vichy Catalán

- Nov 2010 - Jan 2011, Girona, Spain