

Certificate Number: [AC-6784-39585383](#)

This is to certify that the management of Alison awarded Joana Daniela Navarro the certificate of completion in Swedish Massage Therapy: Theory and Practice under the category Health on 21st May 2024.

Validation: You can check authenticity of this certificate by visiting the following link:
<https://alison.com/certification/check/2y10kpiHUzNTa26aHQ0LBpWryu8gE0CU1PGkiDpwICNiQibciffYaEzS>

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Certificate Details



Swedish Massage Therapy: Theory and Practice

[Score: 92]

Course Details

Have you ever envisioned yourself as a skilled massage therapist, helping others achieve deep relaxation and improved well-being? Swedish massage, a cornerstone of the wellness industry, offers a powerful approach to stress reduction, pain relief, and enhanced circulation – all through the therapeutic power of touch. But transforming this passion into a fulfilling career requires the right foundation.

This comprehensive Swedish Massage Therapy course equips you with the knowledge and skills to excel in this rewarding field. We'll embark on a journey that starts with mastering the fundamentals. You'll learn the essential strokes that not only relax muscles but also promote deep tissue healing and a profound sense of tranquility. As you progress, we'll delve into advanced applications, empowering you to tailor your treatments to address specific client needs. Imagine customizing a massage to alleviate chronic neck pain for one client, while providing targeted techniques for improved athletic performance for another.

Maeve Richardson

Director of Certification



Modules Studied

The Art of Swedish Massage Therapy

Course assessment

Maeve Richardson

Director of Certification

